

**【For general insured persons】**

# Logging in to KENPOS for the first time

**<If you forgot your KENPOS login ID or password>**

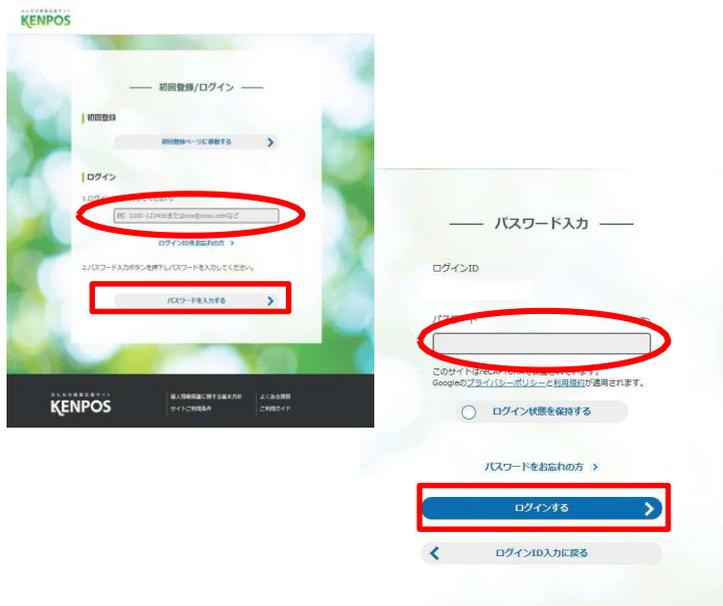
Click on “Forgot ID (ログインIDをお忘れの方)” or “Forgot password (パスワードをお忘れの方)” at the bottom of the login page.  
Follow the instructions provided and try logging in again.

If you forgot both your ID and your password, contact the KENPOS office to reset your signup information.

## Logging in to KENPOS

<https://www.kenpos.jp/>

- ① Enter your login ID and password and click on the “Log in to KENPOS (パスワードを入力する)” button.
- ② Enter your password on the password entry page and click the “Login (ログインする)” button.



The screenshots shown may differ slightly from the actual screens.

<Login ID> \* Enter only single-byte characters.

All user IDs begin with “7132-”.

To this, add your three-digit code and six-digit number.

\* Health insurance card code: three digits (if your code has fewer than three digits, add one or more zeros at the beginning to reach three digits).

\* Health insurance card number: six digits (if your code has fewer than six digits, add one or more zeros at the beginning to reach six digits).  
Example::

- If your code is 91 (two digits) and your number is 200001 (six digits)

⇒ Add a zero to the start of your code to make your code and number “091200001.” Your login ID is “7132-091200001.”

- If your code is 123 (three digits) and your number is 4567 (four digits)

⇒ Add two zeros to the start of your number to make it “004567.” Your login ID is “7132-123004567.”

<Password> \* Enter only single-byte characters.

Enter your eight-digit year and date of birth (YYYYMMDD).

\* Your year and date of birth are a temporary password. Change your password after logging in.

Example: If you were born on January 21, 2000: 20000121

Family members (dependents) and Voluntarily and Continuously Insured Persons should sign up in the traditional way: i.e., using the “I don’t have an ID (sign up for the first time)” button (see p. 4).

- ③ Read “How we use your personal information（個人情報の取り扱いについて）” and “Member terms if use（会員利用規約について）.”  
Check the boxes below and choose “Proceed to basic setup（基本設定ステップへ進む）.”

\* You cannot check the checkbox until you scroll down all the way to the end of “How we use your personal information（個人情報の取り扱いについて）.”

- ④ Enter the necessary information and choose “Proceed to confirm（確認ステップに進む）.”

\* You cannot change your KENPOS login ID.

\* You can change your password after logging in.

\* You can use a smartphone email address.

- ⑤ Check the details of your registration, then click the “Send email（メールを送信する）” button.

- ⑥ Check to make sure you have received a signup email at the email address you entered.

Go to the URL shown in the email you received.

\* If you do not access the URL within 24 hours, it will be invalidated, in which case you will need to repeat the first signup process.

**【For family members (dependents) and Voluntarily and Continuously Insured Persons】**

The first time you use KENPOS,  
sign up using the “Proceed to initial signup page (初回登録ページに移動する)” button.

## Logging in to KENPOS for the first time

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Follow the instructions provided and try logging in again.

If you forgot both your ID and your password, contact the KENPOS office to reset your signup information.

## Logging in to KENPOS

<https://www.kenpos.jp/>

- ① When logging in for the first time, click “**Proceed to initial signup page (初回登録ページに移動する)**” and follow the instructions to complete the signup.



The screenshots shown may differ slightly from the actual screens.

- ② Have your health insurance card ready. Enter the necessary information, then click “Consent to the above and proceed to consent to use of personal information and terms of use (上記同意の上、個人情報・利用規約・利用規約同意ステップに進む)”.

—— 初回登録 (資格照会) ——

お手元に健康保険証をご用意のうえ、必要事項を入力してください。

保険証がカードの場合はこちら

健康保険 本人(被保険者)	交付 平成XX年X月X日
記号 ① 1234	番号 ② 12345
氏名	健康 太郎
生年月日	昭和XX年X月X日 性別 男性
資格取得年月日	昭和XX年X月X日
保険者番号 ③	XXXXXXXX
保険者名称	XXXXXXXX 〇〇健康保険会

保険証が紙の場合はこちら

健康保険被保険者証	
有効期限	
証号	ハビ ① ② 123456
氏名	
性別	
生年月日	
資格取得年月日	
保険者番号 ③	XXXXXXXXXX
保険者名称	
交付年月日	

**資格照会項目 入力**

記号① 必須 半角入力

番号② 必須 半角入力

保険者番号③ 必須 半角入力

※ 取ります。また、その照会結果についてお客様の所属法人・団体等より、当該結果を照会された旨が、個人情報のご記入はおお客様の任意ですが、必要項目を記入されない場合、サービス提供ができない場合がございます。

個人情報に関する開示等、苦情・相談に関しては下記にご連絡ください。  
 〒102-0094 東京都千代田区紀尾井町3番6号 株式会社イーウェル「個人情報問合せ窓口」  
 (privacy@ewel.co.jp)  
 当社は総務コンプライアンス室長を個人情報保護管理者としております。

上記同意の上、個人情報・利用規約同意ステップに進む >

- ③ Enter the necessary information and choose “Proceed to confirm (確認ステップに進む) .”

\* You can use a smartphone email address.

初回登録 (基本設定)

氏名 (カタカナ)

生年月日

メールアドレス 必須

ここで登録するメールアドレスがログインIDとなります。

メールアドレス

パスワード 必須

配信設定

配信を希望する情報にチェックを入れてください。

メールマガジン

確認ステップに進む

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