

Frequently Asked Questions About Applying for the Expense Subsidy for Sports Club (Fitness Center)

Application method

Questions	Answers
How can I apply for the expense subsidy?	You can apply on the expense subsidy application system.
When can I apply?	Applications for use in FY2024 are scheduled to be filed from April 14 to May 16, 2025. Once the timing of the application is confirmed, the information will be posted on the Health Insurance Society website, Better Health (Health Insurance Society news), etc. You will need a receipt to apply. Please keep the receipt until then.

Eligibility for the expense subsidy

Am I eligible for the subsidy even while on leave (childbirth, childcare, family care, illnesses, injuries, etc.)?	Employees on leave are also eligible.
I removed my spouse from the health insurance plan as a dependent. Is he/she eligible for the subsidy?	For the use from April 1 (of the fiscal year for which you applied) until the day before the day on which you removed your spouse as a dependent (the day on which he/she lost his/her qualification), he/she is eligible. For the use from the day on which you removed him/her as a dependent, however, he/she is not eligible.
I became a member of the Takeda Health Insurance Society on September 1. Am I eligible for the subsidy?	If you have been using a sports club since you became a member, you will be eligible for the subsidy.
I have retired and become a voluntary-continued insured. Can I apply for the subsidy?	Those who have become voluntary-continued insured and their dependent spouses can also apply.
I'm retired. Can I apply for the subsidy for the checkups I received during my employment?	You can apply for the checkups you received from April 1, 2024, to the date of retirement.

Facilities covered by the expense subsidy

What facilities are covered by the subsidy?	The facilities covered by the subsidy are mainly so-called sports clubs with exercise facilities that have training gyms, indoor swimming pools, studios, etc. (e.g., Konami Sports, Renaissance). Some so-called training gyms that have training machines are also covered by the subsidy. (e.g., ANYTIME FITNESS, chocoZAP) <u>However, the Health Insurance Society will make the final decision on which facilities will be covered by the subsidy.</u>
What is not covered by the subsidy?	· Even if you are a member of the sports club, the use of the swimming pool or tennis court just by itself or membership which includes bathing and/or beauty services · Facilities mainly intended for hot yoga, beauty promotion, and/or treatment · Facilities adjacent to hot springs and/or clinics providing therapies, such as osteopathy, which cannot be separated from the fitness use · Use of various classes (Which instructors teach to improve specific sporting skills or promote beauty, such as swimming school, tennis school, golf school, gymnastics class, martial arts class, yoga, bouldering, boxing, etc.) · Fees other than the membership fee, such as rental/option fees, etc.
Is the use of training gyms in public gymnasiums covered by the subsidy?	The use of both public and private gymnasiums is covered by the subsidy.
Are online sports club lessons covered by the subsidy?	Online lessons are not covered by the subsidy, even if they are provided by sports clubs.
Are gym facilities that sell a book of tickets also covered by the subsidy?	As long as the facility can issue receipts confirming the name of the user, name of facility used, date, amount, and details of payment, a book of tickets system is acceptable.
Are tickets for sports clubs purchased through Relo Club (for Takeda Pharmaceuticals) also covered by the subsidy?	Yes, they are.

Attachments (receipts, etc.)

The receipt was addressed as "company name" by accident. Can I still apply?	Receipts must include the name of the user.
Can I file an application using a monthly credit card statement?	Monthly credit card statements are not acceptable as they do not include the sign-up fee or membership fee.
I applied for a facility that does not issue receipts, but I found out that they do not issue receipts. What should I do?	Receipts must be attached when applying for the subsidy. The sign-up contract will not be approved as it is not proof of payment.
Since I paid the sign-up fee and membership fee at the same time, I was given one receipt. Do I need separate receipts?	In principle, you should receive separate receipts for the sign-up fee and membership fee. If the facility can issue only one receipt for the sign-up fee and membership fee, please ask for the breakdown of the amount to be included in the proviso. (including sign-up fee of ○○yen, membership fee of △△ yen, etc.)
The date of receipt is not within the application period. (e.g., Date of receipt for the application for FY2024 is March 25, 2024) Is this acceptable?	If the receipt is dated before or after the application period, please ask the facility use period to be included in the proviso of the receipt.

Timing and method of payment of the subsidy

When and how will the subsidy be paid once I apply?	If there is no deficiency in the application details, the payment will be added to the salary after 2 to 3 months from the application month. If you are a voluntary-continued insured, the payment will be transferred to the bank account registered with the Health Insurance Society.
Will the details of the subsidy be given in the paystub, etc.?	You can check the details on MY HEALTH WEB. For Takeda Pharmaceutical insured, it will be displayed as "health insurance and other benefits " in the salary statement.